

Human Grade & Organic Ingredients

- Calcium Lactate
- Egg Yolk Powder
- Gelatin
- Psyllium Husk Powder (organic)
- Kelp Powder (Organic)
- Vitamin B-50 Complex
- Vitamin E (D-alpha tocopheryl succinate)
- Adrenal Glands (New Zealand)
- Kidney Glands (New Zealand)
- Alfalfa Powder (Organic)
- Chicken Liver
- Magnesium Citrate

Ingredients you add:

- Raw muscle Meat
- Steamed Vegetables
- Water

All of our ingredients are of high human grade quality and approved by the USDA. The formulation of our ingredients is based on the recommendations of our holistic veterinarians expressly for our diets and you can rest assured that our **K9** diet represents the best knowledge of professionals. Our dog & cat diets are approved and recommended by holistic veterinarians across the country.

My Natural K9® is a Product of



Our canine diet provides all of the nutritional components needed to build a healthy and strong canine body.

A healthy functioning canine body can do an amazing job at preventing disease and healing itself. To do this, your dog requires the proper nutrients of a well-balanced diet.

We need to look beyond our own needs and opinions to understand the natural needs of our pets. Your companion dog may be domesticated but deep within he is still a carnivore and scavenger, a descendant of the wolf.

My Natural K9® is the natural diet your dog will grow to be stronger, healthier and live longer on.

My Natural K9 is a product of



AKA "Cat Instincts"

www.felineinstincts.com

817-653-4508



Made in the USA © 1997-Present

My Natural K9®

An Optimum Nutritional Adult Canine & Puppy Diet



Sara

**Veterinarian
Recommended**

*Domestic dogs remain unchanged
from their ancestry.....*

*Their constitution is meant for
enzyme rich raw meat.*

No Grains

Carnivores cannot maintain long term production of amylase enzyme necessary to properly digest and utilize carbohydrates. In addition, the proteins in grains are less digestive than animal proteins. The end result is the immune system becomes weakened by the invasion of foreign, non-nutritive protein and carbohydrate particles. Many times, allergies and other chronic immune problems develop from grain fed diets. Your pets' pancreas will do its best to keep up with the demand for amylase, however, this creates a great deal of stress on the pancreas.. It's not yet known what this stress does to the pancreas but it cannot be good.

Preparing My Natural K9® requires that you mix our powder ingredients with your choice of raw meat, steamed vegetables and water.

Meats Chose any good quality meat (without bones) that would meet your standards to eat. Beef, beef heart, lamb, poultry or wild game can be used with **My Natural K9**® . Pork and fish are not recommended or advised.

Vegetables Add chopped or ground steamed; squash, pumpkin, cucumber, zucchini, carrots, sweet potatoes, yams, broccoli, cauliflower, beets, parsnips, Brussels sprouts.

Avoid beans, peas, onions, garlic, leek, tomato, potato, bell peppers. This vegetables can upset the stomach and may not digest well.

"It does take time and energy to prepare a fresh raw diet for your dog, but that dedication is a rich reflection of the love you share."

Meats to Use Ground or Chopped

- **Beef**– Boneless stewing meat, heart, steak or roast.
- **Poultry**– boneless skinless chicken or turkey
- **Lamb**– boneless stewing meats, shank leg or butt.
- **Wild Game**– boneless stewing meats, neck, shank or shoulder.

How to make one recipe

Shake well. One recipe makes 3 pounds of food.

- Use 2/3 cup/80gr **My Natural K9**® premix.
- 1 1/2 cup/375 ml of filtered water (3/4 cups more water with ground meat)
- 2 salmon oil capsules (2000 mg each) or 1 strokes of our salmon oil in a pump
- 1 + 1/2 lbs./675 grams raw meat (no bones)
- 1/2lbs/227grams of steamed vegetables (optional)
- If you do not use veggies use 2 pounds/900 grams of meat in recipe.

Begin by adding the water to a bowl, pierce the salmon caps and squeeze the oil into the mixture, stir, add the My Natural K9® powder and stir. Add small chunks of meat or the meat you have chopped in the food processor and stir again. Use 50% skinless boneless chicken breasts and 50% skinless boneless chicken thighs or all thighs. Also dark ground turkey or stew meats

Weigh daily meals in freezer baggies and freeze. To store prepared meal portions I use pint size Zip Lock freezer bags and freeze then in large flat Tupperware boxes, separating each layer with paper towels so they will not freeze together. Or, freeze portions in ice cube trays then pop them in freezer bags when frozen.

Keep meals frozen for up to 6 months and keep thawed only 3 days in fridge. Don't leave food out for feeding more then 1/2 hour, then put back in fridge.

My way of doing this recipe is not the only way. Some of our customers freeze the finished recipe in ice cube trays, others use small plastic containers. Do what is comfortable for you.

How much do I feed my dog?

Every dog has an optimum body weight at which it is healthiest and performs best. To determine how much food your dog requires daily, it is important to know that weight. Consult literature on breed standards or your Veterinarian for help. Feeding amounts will vary depending on the activity and health of your dog.

Benefits of a raw diet

By using **My Natural K9**™ on a regular basis several positive things will happen to your dog:

- Better Breath
- Healthy Skin
- Shiny Odor Free Coat
- Clean Teeth
- Clear Eyes
- Healthy Gums
- Good Digestion
- Increased Energy
- Smaller Less Smelly Stool
- Improved Confidence
- Increased Coat Growth

www.felineinstincts.com

